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PRESS RELEASE

FOR IMMEDIATE RELEASE

Romios Gold's Drilling Continues to Cut Bonanza Grade Mineralization at Newmont Lake Project

Romios Gold Resources Inc. (TSX-V:RG) is pleased to report that the diamond drill program at its Newmont Lake property located in the Galore Creek area of northwestern British Columbia continues to encounter bonanza grade mineralization within a breccia that characterizes the North West Zone mineralization. Additional drilling was carried out as part of the 2008 exploration program to expand the known resource at Newmont Lake and test geophysical targets identified in the geophysical surveys completed during the 2007 field season. Diamond drill hole R 08-05, located 153.00 metres (501.96 feet) northeast of previously drilled hole R 08-07 was drilled to a depth of 325.80 metres (1,069 feet). The hole intersected bonanza grade mineralization grading 185.00 g/t gold, 108.00 g/t silver and 3.28 % copper over a core length of 0.34 metres (1.10 feet). The bonanza grade mineralization is contained within the interval from 263.47 metres to 264.32 metres (0.85 metres or 2.80 feet) which has a weighted average grade of 74.29 g/t gold, 44.07 g/t silver and 1.40 % copper.

Two additional holes, R 08-08 and R 08-11, intersected significant gold, silver and copper mineralization. Diamond drill hole R 08-08 is located approximately 284 metres (931.5 feet) northeast of hole R08-07 and was drilled to a depth of 386.8 metres or 1,269 feet. The hole intersected 17.92 g/t gold, 3.38 g/t silver and 0.18 % copper over 1.63 metres (5.30 feet) from 160.84 metres to 162.46 metres. Contained within this intersection is an interval from 160.84 metres to 161.48 metres (0.65 metres or 2.10 feet) which grades 32.40 g/t gold, 6.00 g/t silver and 0.12% copper. An additional zone of mineralization was encountered from 168.86 metres to 171.40 metres (2.56 metres or 8.30 feet) that grades 8.70 g/t gold, 3.83 g/t silver and 0.18 % copper. Diamond drill hole R-08-11, located 35 metres (114.89 feet) southeast of hole R-08-05, was drilled to a depth of 405.0 metres (1,329 feet) and intersected 36.45 g/t gold, 23.92 g/t and 0.70 % copper over 1.76 metres or 5.70 feet. The intersection contained a higher grade interval grading 51.70 g/t gold, 33.70 g/t silver and 0.97 % copper over 1.23 metres (4.03 feet).

These three holes (holes R 08-05, R 08-08 and R 08-11) are all located northeast of metallurgical holes R 08-07 and R 08-02 which were reported in a press release dated

September 22, 2008 and were drilled as part of a program to evaluate metallurgical recoveries of gold, silver and copper mineralization contained within the known North West Zone resource. Hole R 08-07 intersected bonanza grade gold and silver mineralization grading 753.00 g/t (21.96 oz) gold, 462 g/t (13.47 oz) silver and 0.69% copper over a core length of 0.45 metre (1.45 feet) within a breccia zone. This high grade mineralization is contained within a wider, 14.01 metre (45.95 feet) mineralized interval that assayed 26.44 g/t (.77 oz) gold, 21.35 g/t (.62 oz) silver and 0.21% copper. Hole R 08-02 intersected 0.79 metres (2.49 feet) grading 23.80 g/t gold, 59.0 g/t silver and 0.03% copper.

The details of the samples collected from the mineralized portions of holes R 08-05, R 08-08 and R 08-11 are outlined below:

Diamond Drill Hole R 08-05

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
263.47	263.80	0.34	1.10	185.00	108.00	3.28
263.80	264.32	0.52	1.70	2.66	2.70	0.12
Weighted Average:		0.86	2.80	74.29	44.06	1.40

Diamond Drill Hole R 08-08

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
160.84	161.48	0.65	2.10	32.40	6.00	0.12
161.48	162.06	0.59	1.90	3.47	0.80	0.11
162.06	162.46	0.40	1.30	15.65	2.90	0.35
Weighted Average:		1.63	5.30	17.92	3.38	0.18

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
168.86	169.74	0.89	2.90	9.81	4.80	0.99
169.74	170.38	0.65	2.10	7.64	3.00	0.40
170.38	171.40	1.02	3.30	8.41	3.50	0.96
Weighted Average:		2.56	8.30	8.70	3.83	0.83

Diamond Drill Hole R 08-11

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
136.7	137.2	0.52	1.70	0.58	0.90	0.06
137.2	138.4	1.23	4.00	51.70	33.70	0.97
Weighted Average:		1.76	5.70	36.45	23.92	0.70

A map showing the location of drill holes can be viewed on Romios Gold's website www.romios.com under the Newmont Lake property map gallery. All drill hole intersections are core length and not necessarily true widths.

The diamond drill program was designed to expand the known resource outlined by previous drilling. Based on earlier drilling, the North West Zone was calculated to contain an inferred resource of **1,406,000 tonnes** at a grade of **4.43 g/t Au, 0.22% Cu and 6.4 g/t Ag** or a gold equivalent grade (AuEq) of 5.16 g/t that was announced in a press release dated March 26, 2007. This equates to in-situ contained metal of **200,000 ounces of gold, 6,790,000 pounds of copper and 291,000 ounces of silver**. These resources are reported at a base case gold equivalent cut-off grade of 2.0 g/t. Mineral Resources are not Mineral Reserves as Mineral Resources have not demonstrated economic viability.

Tom Drivas, President, stated, “These additional drill results from the Newmont Lake property continue to expand the high grade breccia zone containing bonanza grades. We are very excited about the high grade intercepts in holes R 08-05 and R 08-08, which are located 153.0 metres (501.9 feet) and 284.0 metres (931.5 feet), respectively, northeast of metallurgical hole R-08-07. We continue to work on the metallurgical test program and will be including these recent drill results and the metallurgical test work in an updated NI 43-01 resource estimate that is currently underway.”

All drill core samples submitted by Romios to the laboratory of ALS Chemex were analyzed for copper, gold and silver by ICP and fire-assay elemental analysis. The mineralized core intervals from NQ and HQ diameter core were split in the field using an electric-powered core saw and then the samples were hand delivered to ALS Chemex Laboratories in Terrace, British Columbia for preparation and then shipped to Vancouver for analysis. In addition to the laboratory’s quality control program, a rigorous on-site quality assurance and quality control program was implemented involving the insertion of blanks, standards and splits.

The technical information contained in this press release has been reviewed and approved by Mr. Thomas Skimming, P. Eng., Geologist, V.P. of Exploration, Director of Romios Gold Resources Inc. and a qualified person as defined by National Instrument 43-101.

About Romios Gold Resources Inc.

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is headquartered in Toronto and is actively engaged in precious and base metal exploration across North America with a primary focus on gold, silver and copper. Romios has significant property interests in British Columbia, Ontario and Nevada. The Corporation is undertaking extensive exploration work on its Galore Creek area properties in British Columbia, which are centrally located between Nova Gold's large gold-copper-silver deposit and Barrick's high grade gold mine at Eskay Creek.

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